

01. Mala of Medo dhatu is :

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| (1) Mutra | (2) Sveta |
| (3) Purisha | (4) Medo roga |

02. Takrarista is indicated in which disease ?

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| (1) Sandhivata | (2) Gridhrasi |
| (3) Urustambha | (4) Grahani |

03. The synonym of Rasakriya is :

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| (1) ... | (2) Avaleha |
| (3) Churna | (4) Vati |

04. According to Charak Samhita, Sankhapushpi should be used as Medhya Rasayana in form of :

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| (1) Svarasa | (2) Churna |
| (3) Kalka | (4) Kwatha |

05. Main Kalpana of Snehapana is :

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| (1) Vasti | (2) Yusha |
| (3) Audan | (4) Acchapeya |

06. Use of Kalyanaka Ghrita is described in Kashyapa Samhita in :

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| (1) Vedanadhayaya | (2) Lehadhayaya |
| (3) Dantajanmika adhayaya | (4) Visesa Kalpa adhayaya |

- 07.** Vamana is the choice of treatment in which type of ajirna :
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| (1) Amajirna | (2) Vidagdhajirna |
| (3) Vistabdhajirna | (4) Rasasesajirna |
- 08.** According to Charak Samhita, pure blood resembles the colour of :
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| (1) Gunja phala | (2) Bhallataka phala |
| (3) Udumbara phala | (4) Madhuka phala |
- 09.** Which of the following drug is **not** Yogavahi ?
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| (1) Draksha | (2) Pippali |
| (3) Madhu | (4) Ghrita |
- 10.** Gunja is enumerated in Gana called :
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| (1) Upavisha | (2) Visha |
| (3) Mahavisha | (4) Garavisha |
- 11.** According to Charaka, which food should not be taken continuously :
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| (1) Madhu | (2) Masha |
| (3) Saindhava | (4) Payah |
- 12.** Which of the following is not included under Ashta-Aharavidhivisheshayatana ?
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| (1) Prakriti | (2) Vikriti |
| (3) Rashi | (4) Desha |

13. "Pavitram vrishyam ayushyam shramasvedamalapham" are the benefits of :
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| (1) Abhyanga | (2) Sharira Parimarjana |
| (3) Snana | (4) Paduka dharana |
14. In Charaka Samhita 'Dasha-vidha Atura Pariksha' is described in :
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| (1) Rogabhishagjityavimanaadhyaya |
| (2) Atreyabhadrakapyiyadhyaya |
| (3) Rasavimanaadhyaya |
| (4) Maharogaadhyaya |
15. As per Charaka Samhita, Haritala and Manahshila are mentioned as the content of which type of Dhoomavarti :
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| (1) Prayogika | (2) Snaihika |
| (3) Kasaghna | (4) Shirovirechanika |
16. "Yamadamshttra" is described in which text :
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| (1) Charaka Samhita | (2) Ashtanga Hridya |
| (3) Bhava Prakasha | (4) Sharangadhara Samhita |
17. According to Charaka, in which three seasons Tikta, Katu and Kashaya Rasa are predominant respectively ?
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|--------------------------------|------------------------------|
| (1) Shishira, Vasanta, Grishma | (2) Varsha, Sharad, Hemanta |
| (3) Vasanta, Grishma, Varsha | (4) Grishama, Varsha, Sharad |

18. Under Ashtanindita Purusha, which variety is not mentioned ?
- (1) Atihrisva (2) Atikrishna
(3) Ativridha (4) Atisthula
19. In which text Ahara is considered as " Mahabhaishajya" ?
- (1) Charaka Samhita (2) Kashyapa Samhita
(3) Sharangadhra Samhita (4) Ashtanga Samgraha
20. Total duration of Ritu-Sandhi Kala is :
- (1) 07 days (2) 14 days
(3) 15 days (4) 16 days
21. "Laghavam karmasamarthyam sthairyam dukhasahishnuta" described by Charaka as :
- (1) Results of Vyayama
(2) Characteristic features of Vyayama
(3) Atiyoga features of Vyayama
(4) Hinayoga features of Vyayama
22. Adharaniya Vega of Kasa is mentioned in which text :
- (1) Charaka Samhita (2) Sushruta samhita
(3) Ashtanga Sangraha (4) Madhava Nidana

23. which one of the following is not the Causative factor of Agantuja Vyadhi, as per Charaka ?
- (1) Visha (2) Vishamashana
(3) Vayu (4) Agni
24. According to Charaka, which is not described under the list of items to be added with Curd ?
- (1) Ghrita (2) Sharkara
(3) Madhu (4) Saindhava
25. Concept of Panchakosha is described in which Upanishad :
- (1) Taittiriyaopanishad (2) Chandogyopanishad
(3) Mundakopanishad (4) Mandukyopanishad
26. How many petals are there in Manipura Chakra ?
- (1) Six (2) Ten
(3) Twelve (4) Sixteen
27. "Mitahara" means to left over how much part of total food :
- (1) Some part (2) 1/4 part
(3) 3/4 part (4) 1/3 part
28. Which of the following is not a type of Chittavritti ?
- (1) Asmita (2) Avidya
(3) Abhinivesha (4) Aparigraha

29. Kriya Yoga includes :
- (1) Dharana, Dhyana, Samadhi
 - (2) Yama, Niyama, Asana
 - (3) Tpa, swadhyaya, Ishwarapranidhana
 - (4) Gyana yoga, Karma Yoga, Bhakti Yoga
30. Which Asana is contra-indicated for patients of Sciatica ?
- (1) Ardhashakrasana
 - (2) Pashchimottanasana
 - (3) Bhujangasana
 - (4) Makarasana
31. According to Hatha Pradeepika, which one is apathya for a Yoga Practitioner ?
- (1) Dadhi
 - (2) Dugdha
 - (3) Ghrita
 - (4) Navaneeta
32. According to Gheranda Samhita, which one of the following is not included under Saptasadhana ?
- (1) Asana
 - (2) Pratyahara
 - (3) Dharana
 - (4) Dhyana
33. Temporary Hardness of Water occurs due to :
- (1) Chlorides of Calcium and Magnesium
 - (2) Bicarbonates of Calcium and Magnesium
 - (3) Sulfates of Calcium and Magnesium
 - (4) Nitrates of Calcium and Magnesium

34. In which year National Anti Malaria Program (NAMP) was renamed as National Vector Borne disease Control Program (NVDCP) ?
- (1) 1999 (2) 1958
(3) 2002 (4) 2005
35. The main vector for transmission of Dengue Fever is :
- (1) Aedes aegypti (2) Female Anopheline
(3) Female Culex (4) Female Phlebotamine
36. Transmission of Cholera does not occurs from man to man via :
- (1) Faecally contaminated water (2) Contaminated fingers
(3) Contaminted fingers (4) Vector
37. Pellagra occurs due to deficiency of :
- (1) Niacin (2) Pyridoxine
(3) Thiamine (4) Riboflavin
38. Incubation period of Yellow Fever is :
- (1) 3 to 6 hours (2) 3 to 6 days
(3) 3 to 6 weeks (4) 3 to 6 months
39. Food borne intoxication due to toxins produced bacteria is :
- (1) Aflatoxicosis (2) Ergotism
(3) Lathyrism (4) Botulism

40. The route of administration of BCG vaccine is :

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|--------------------|------------------|
| (1) Sub-cutaneous | (2) Intra-dermal |
| (3) Intra-muscular | (4) Intra-venous |